

INTERNATIONAL CONFERENCE

THE FUTURE IS DIGITAL:

International Perspectives on
Healthcare Transformation



Aalborg University
Copenhagen, Denmark



August 13-14, 2026

Program at glance

Thursday August 13, 2026

Chair:

- 8:30 **Registration**
- 9:00 *Welcome & introduction to the program* by Birthe Dinesen Head of Research & Professor, Laboratory of Digital Health, ExerciseTech, Department of Health Science and Technology, Aalborg University (AAU, Denmark (DK)
- 9:15 *The Future of sundhed.dk in Digital Health Denmark* by Morten Elbæk, CEO sundhed.dk & Digital Health Denmark, DK
- 9:45 *Home Hospitalization as the new way forward* by Thea Kølsen Fischer, Head of Research & Professor University of Copenhagen, DK
- 10:15 **Break**
- 10:30 **Track I**

A Hospital at Home	B Person and community centered care	C AI in clinical practice
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12:00 **Lunch & Networking**

12:45 **Track II**

D Implementation of digital technologies (from pilot project to large scale implementation)	E e-health literacy & digital technologies	F Social robots (testing & implementation)
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13:45 **Break**

14:00 *Making AI Work in the Clinic: Turning Algorithms into Better Care* by Kathy Kim
Professor UC Davis School of Medicine & CITRIS Health, UC Berkeley, CA, USA

14:30 *Digital trendsetting treatment in Child and Adolescent Psychiatry; Internet-based Emotion Regulation Therapy for Adolescents engaging in non-suicidal self-harm – the IERIT Approach* by Britt Morthorst, Associate Professor Danish Research Institute for Suicide Prevention, Child and Adolescent Mental Health Center, Copenhagen University Hospital – Bispebjerg and Frederiksberg, Copenhagen, DK

15:00 *Digital Health in Primary Care: Driving Transformation in Healthcare* by Janus Laust Thomsen, Professor Center for General Practice, Aalborg University & Aalborg University Hospital, DK

15:30 **Reception & Networking**

16:30 **End of day**

Friday August 14, 2026

8:30 **Coffee, tea & Networking**

9:00 *Digital Health and Aging: Rethinking Care for an Older Population* by David Lindeman, Executive Director, CITRIS, UC Berkeley, CA, USA

9:30 *Family Digital Toolbox: A Platform for Psychoeducation and Intersectoral Collaboration and Communication for children, adolescents and families* by Birthe Dinesen, Professor, AAU, DK

10:00 **Break**

10:15 **Track III**

G Hospital at Home	H Use of digital technologies within children and adolescence psychiatry	I AI in clinical practice
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12:00 **Lunch & Networking**

12:45 **Track IV**

J Use of digital technologies within psychiatry	K Patient, communication and empowerment through digital technologies	L Use of digital platforms across sectors to improve care coordination
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13:45 **Break**

14:00 *Making the case for Updating Health Economic Evaluation of Digital Technologies in response to the Demographic Challenges* by Kristian Kidholm, Professor CIMT, Odense University Hospital, DK

14:30 *Digital Support for Heart and Mind: Addressing Psychological Needs in Cardiac Care* by Helle Spindler, Associate Professor, Department of Psychology and Behavioral Sciences, Aarhus University, DK

15:00 *Conference Wrap-Up* by XXX (to be announced)

15:15 **End of conference**